

Lacrosse Stick

Stick length:
PeeWee and down: 34" - 46"
Bantam and up: 40" - 46"



Mouth Guard
Mandatory



Arm Pads - 2 types
Light weight, hard plastic that offers protection for the whole arm, while allowing full range of motion of the arm at the elbow.



Face Mask

The mask must be CSA approved for ice hockey or a NOCSAE approved Calcoat mask Model #411Sr or #414 Jr. All masks **MUST** be approved for helmet model that it is mounted on.

Gloves

Field/Box lacrosse gloves offer excellent protection and flexibility. Short cuff hockey gloves can be used, but they don't offer the same grip or flexibility.

Helmet

All helmets **MUST** be CSA approved for ice hockey. The helmet must have a chin strap and cannot be altered from the manufactured form.

Shoulder Pads

One piece pad made of flexible, durable material when fit properly offers protection for upper body and shoulders.

Back & Kidney Pads

A one piece light weight plastic pad which offers protection for the back and kidney area.

Athletic Support & Cup (Jock or Jill)

Mini Tyke

Helmet with face shield (both CSA approved), shoulder pads, gloves (hockey gloves are okay), athletic support (boys must wear a "Jock" with plastic cup and girls must wear a "Jill", mouth guard, elbow pads (recommended), knee pads (recommended) and a junior lacrosse stick.

Tyke

All players must wear at all times the following equipment: helmet, mask (CSA approved hockey helmet and mask alright), elbow pads, mouth guard, gloves (hockey alright), jock with cup or jill strap, shoulder and arm pads and back/kidney pads. Stick minimum of 34 inches in length. Knee pads are optional.

Novice/Peewee

Same as Tyke except: arm slash guards (mandatory), kidney/rib/back slash guards (mandatory).

Bantam/Midget

Same as Peewee except minimum stick length is 40 inches