



Prince George Minor Lacrosse Association Coach Information Form

SECTION 1: CONTACT INFORMATION

Name: _____

Phone: _____ Birth Date: _____
(YYYY/MM/DD)

Email Address: _____

Home Address: _____

City: _____ Postal Code: _____

SECTION 2: TEAM APPLICATION

Coaching Positions – Place and “X” in the cell indicating the coaching position(s) for which you are seeking. Should you indicate more than one division, please number your selections in order of preference 1,2,3...

Division	Developmental Level 1		Competitive Level 2	
	Head Coach	Assistant Coach	Head Coach	Assistant Coach
Mini-Tyke ages 5-6				
Tyke ages 7-8				
Novice ages 9-10				
Peewee ages 11-12				
Bantam ages 13-14				
Midget U16 ages 15-16				

Do you have your NCCP Coaching Certification (please provide #): _____

If yes, what is your NCCP Coach Level?

Community Development Level 1

Competitive Introduction Level 2

Certification Requirements (PGMLA):

Level 1 – Mini-Tyke, Tyke, Novice and Peewee

Level 2 – Bantam, Midget, Peewee Rep, Bantam Rep, and Midget Rep

SECTION 3: Mandatory Concussion Education – Please complete ASAP

- Free Education available at <https://cattonline.com/coach-course/>
- Upon completion – proof of completion must be provided to PGMLA

SECTION 4: CRIMINAL RECORD CHECKS – Need to be done for all new PGMLA Coaches or every three years.

Option #1 Take the attached letter with your completed forms to our local RCMP detachment

or

Option #2 Use the following link and access code to complete online.

Online Link: <https://justice.gov.bc.ca/eCRC/>

Access Code: ZR3M5BSUCE

Prince George Minor Lacrosse ID# 1646847

General Terms and Conditions

1. I hereby acknowledge and agree to abide by all disciplinary guidelines, policies and procedures of Prince George Minor Lacrosse, its Executive and Great White North Commission.
2. I hereby agree to familiarize myself with the National Coaching Certification Program (NCCP) and Canadian Lacrosse Association (CLA) requirements for coaching minor box lacrosse and ensure that I proactively seek and maintain the required level of certification. This includes observing the embedded Code of Conduct for Coaches and Fair Play guidelines.
3. I understand that PGMLA may at their discretion obtain and review disciplinary history information on file with BCLA or other governing lacrosse body and pursue verification of my disclosed coaching status with BCLA/CLA.
4. By way of this application, I give permission to PGMLA to pursue a criminal record check on myself.
5. I hereby consent to disclosure of the above information to the PGMLA Executive, the Great White North Commission, BCLA and CLA.

Signature: _____

Date: _____

COACHING CODE OF CONDUCT

The athlete/coach relationship is a privileged one. Coaches play a critical role in the personal as well as athletic development of their athletes. They must understand and respect the inherent power imbalance that exists in this relationship and must be extremely careful not to abuse it. Coaches must also recognize that they are conduits through which the values and goals of a sport organization are channeled. Thus, how an athlete regards his/her sport is often dependent on the behavior of the coach. The following Code of Conduct has been developed to aid coaches in achieving a level of behavior, which will allow their athletes to become well-rounded, self-confident and productive individuals. Although this code is directed towards coaching conduct, it equally applies to other members of the coaching bench and managers. It is assumed that these people act in co-operation with one another to construct a suitable environment for the athlete.

COACHES HAVE A RESPONSIBILITY TO:

1. Treat everyone fairly within the context of his or her activity, regardless of gender, place of origin, colour, sexual orientation, religion or economic status.
2. Direct comments or criticism at the performances rather than at the athlete.
3. Consistently display high personal standards and project a favourable image of their sport and coaching.
 - a. Refrain from public criticism of fellow coaches, athletes, officials and volunteers especially when speaking to the media or recruiting athletes.
 - b. Abstain from the use of tobacco products while in the presence of his/her athletes.
 - c. Abstain from drinking alcoholic beverages when working with athletes.
 - d. Discourage the use of alcohol in conjunction with athletic events or victory celebrations at the playing site.
 - e. Refrain from the use of profane, insulting, harassing or otherwise offensive language in the conduct of his/her duties.
4. Ensure that the activity being undertaken is suitable for the age, experience, ability and fitness level of the athletes and educate athletes as to their responsibilities in contribution to a safe environment.
5. Consider the athletes' future health and well-being as foremost when making decision regarding an injured athletes' ability to continue playing or training.
6. Regularly seek ways of increasing professional development and self-awareness.
7. Treat opponents and officials with due respect both in victory and defeat and encourage athletes to act accordingly. Actively encourage athletes to uphold the rules of their sport and spirit of such rules.
8. In the case of minors, communicate and co-operate with the athletes' parents or legal guardians, involving them in management decisions pertaining to their child's development.
9. Be aware of the many pressures places on athletes as they strive to balance the physical, mental, emotional and spiritual aspects of their lives and conduct practices and games in a manner to allow optimum success.

COACHES MUST:

1. Ensure the safety of the athletes with whom they work.

2. Respect athlete's dignity; verbal or physical behaviours that constitute harassment or abuse are unacceptable.
3. Never advocate or condone the use of drugs or other banned performance enhancing substances.
4. Never provide under age athletes with alcohol; never encourage its use.

THE COACHING CODE OF ETHICS

INTEGRITY

The coach must act with integrity in performing all duties owed to athletes, lacrosse, other coaches in the public.

ATHLETE'S INTEREST

The coach must act in the best interest of the athlete's development as a whole person.

RESPECT FOR THE RULES

The coach must accept both the letter and the spirit of the rules that define and govern lacrosse.

RESPECT FOR THE OFFICIALS

The coach must accept the role of the officials in providing judgement to ensure that competitions are conducted fairly and according to the established rules.

RESPONSIBILITY TO OTHER COACHES

The coach's conduct toward other coaches must be characterized by courtesy, good faith and respect.

PERSONAL CONDUCT

The coach must maintain the highest standards of personal conduct and support the principles of fair play.

FAIRPLAY CODE FOR COACHES

1. I will not allow players to harass or put each other down. I will be a role model for all aspects of the Coach's Code of Conduct, the FairPlay Codes and the Harassment Policies.
2. I will teach my players to play fairly and to follow the FairPlay Code for Players.
3. I will be reasonable when scheduling games and practices, remembering that young athletes have other interests and obligations.
4. I will ensure that all athletes get equal instruction, support and playing time.
5. I will not ridicule or yell at my athletes for making mistakes or for performing poorly. I will remember that players play to have fun and must be encouraged to have confidence in themselves.
6. I will remember the game is for the athletes and the goals that I set will reflect the needs of the players rather than my personal goals.
7. I will not pressure my players to perform at levels I have not prepared them for or in a way that will jeopardize their safety.
8. I will make sure equipment and facilities are safe and match the player's ages and abilities.

9. I will ensure the safety of the athletes with whom they work. This includes monitoring behaviour, controlling the style of play and providing a safe environment. The dignity of the individual must be preserved: verbal and physical behaviours that constitute harassment or abuse are unacceptable.
10. I will teach my players to play fairly and to respect the rules, officials and opponents.
11. I will work in cooperation with officials for the benefit of the game.

I have read and understand the above statements and agree to conduct myself in a manner that demonstrates the standards established in the Coaching Code of Conduct, Coaching Code of Ethics and FairPlay for Coaches.

Signature: _____ Date: _____

Please email completed forms to: pgmlaposse@gmail.com